

St. Louis Catholic Church

53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101
Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca
Served by the Congregation of the Resurrection since 1890.

Office hours: Monday – Thursday 9 - 12 and 1- 4 p.m.
Summer hours (Canada Day to Labour Day): Mon. - Thurs. 9 a.m. to 1 p.m.

Weekday Masses:
Tuesday – Friday 9:00 a.m.
*Rosary: Tuesday to Friday
before 9:00 a.m. Mass*

Sunday Masses:
Saturday: 5:00 p.m.
Sunday: 9:30 a.m.
11:30 a.m.



Pastoral Team:

Pastor
Father Phil Reilly, C.R.
preilly@hamiltondiocese.com

**Coordinator of Youth and
Children's Ministries**
Kelly Krause
kkrause@hamiltondiocese.com

Parish Secretary
Anna Malton
stlouiswaterloo@hamiltondiocese.com

Custodian
Doug Lichty

Welcome new members - Whether you are just passing through the area or looking for a spiritual home, we welcome you to St. Louis Catholic Church. We hope you will find our worship environment hospitable and prayerful. People often attend Mass at a parish for months or years without officially registering. Registration here at St. Louis is an expression of your commitment to being an active member of our community. Parish registration simplifies the process with regard to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

Parish Records - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

Music in the Liturgy - Music plays an integral role in the liturgical life of the parish. Parishioners are invited to join our choirs. Please contact the choir directors:

- 9:30 Choir - Bob Reinhart (robertreinhart182@msn.com)
- 11:30 Choir - Donna McLellan (donna-ipad@hotmail.com)

Sunday programs for children - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

Sacramental Life - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

Baptism - Celebrated once a month. Please speak with a priest after Mass on Sunday.

Sacrament of Reconciliation - Saturdays 4 - 4:30 p.m., or by appointment.

Marriage - For registered and supporting members, please contact the parish office at least one year in advance of your date.

Becoming Catholic - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

Anointing and Pastoral Care - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Anointing of the Sick, or to have the Holy Communion brought to them.

Pastoral Care to those in Hospital - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Anointing).

Priesthood and Religious Life - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at resurrectionistvocation@gmail.com or www.resurrectionists.ca

Diocesan Newsletter - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

Parish Organizations and Contacts:

Finance Council
Terry Collins, 519-741-1534

Maintenance Committee
Bob Lorentz, 519-576-5556

OOTC Community Suppers
Keith & Sharon Schnarr 519-801-8687

Parish Webmaster
Daniel Delattre, daniel@uwaterloo.ca

Altar Servers Coordinator
Dave Pagett, 519-744-7705

**Catechesis Of The Good Shepherd,
Youth Ministry**
Kelly Krause, 519-743-4101

Catholic Women's League
Donna Herbstreit, 519-884-9380
donna.marie2000@icloud.com

Ministry to the Elderly & Homebound
Cecilia Beechey, 519-572-5435

Prayer Shawl Ministry
Sandra Williams, 519-742-9239

Prayer Chain
Sharon Carey, 519-746-8073

St. Vincent De Paul
For food hamper or more
information call 519-743-4101



24TH SUNDAY IN ORDINARY TIME

MASS INTENTIONS & EVENTS

Monday, September 9 – No Mass	
9 AM – NOON	Pickle Ball Gym
Tuesday, September 10	
9:00 AM To Bring Our Loved Ones Back to the Church – Tuesday Book Group	
Wednesday, September 11	
9:00 AM † Phyllis Ayoung-Chee – Amanda Ayoung-Chee	
9 AM – NOON	Pickle Ball Gym
Thursday, September 12	
9:00 AM † Albert & Norma Moser – Moser Family	
Friday, September 1 – St. John Chrysostom, Bishop, Doctor	
9:00 AM † June Fliieger (nee Winkler) – Lorne & Elizabeth Winkler	
9 AM – NOON	Pickle Ball Gym
Saturday, September 14 – The Exaltation of the Holy	
Cross	
Vigil of 24th Sunday in Ordinary Time	
5:00 PM Intentions of Mike & Diane Uniac – Prayer Shawl Ministry	
Sunday, September 15 – 24th Sunday in Ordinary Time	
9:30 AM † Don Miller – Miller Family	
† Albert & Katie Ruetz – Ruetz Family	
† Tom & Sonia Moser – Moser Family	
In Thanksgiving for Graces Received – Estrada Family	
10:30 AM	Coffee time L. Hall
11:30 AM People of St. Louis Parish	
12:30 PM	Adventure Bible Timeline (with food) L. Hall

Reflection on the First Reading: Isaiah 35:4-7

Isaiah addresses those who are “of a fearful heart” (*lenimharēy-lēv* in Hebrew), a potentially misunderstood phrase for contemporary English speakers. For Isaiah, the heart is the place of intellect rather than emotions, meaning that it is best understood as “mind.” Moreover, Isaiah’s verb (*mahar* in Hebrew) connotes swift movement – like flowing water – and is often translated “to hasten” or “to act quickly.” So, Isaiah addresses the “hasty mind.” Centuries later, Greek translators render Isaiah’s expression as “*oligópsuchoi tē díanoia*,” meaning “those who are dispirited of mind” or “those whose minds have little motivating spirit.” Thus, ancient Greek speakers understood Isaiah to be addressing those with troubled minds, not those with negative feelings (e.g., fear). Accordingly, Isaiah’s message is about healing mental wounds more than emotional ones. Yet, thoughts and emotions are closely connected, and the ancients understood this. Indeed, ancient Hebrew speakers would have understood Isaiah to be calling for a kind of care needed when thinking through the emotion of panic (i.e., hasty thinking), while Greek-speaking audiences took Isaiah to be highlighting the care needed when thinking through discouragement (i.e., slow thinking). Either way, Isaiah calls for healing emotionally wounded minds by emphasizing God’s might and divine recompense. A divine levelling of justice would come. Moreover, God will heal and provide abundant resources, even in places where resources are limited. The blind will see. The lame will leap. The mute will sing. Waters and streams will spring forth in the desert. Put simply, God will wipe away all reason for doubt and restore faith among the chosen people.

(From Workbook for Lectors etc.)

Date	Sunday	Loose	Maint.	Diocesan	PAD
Sep 1	2918.10	255.50	155.00	0.00	2200.54

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The Catholic Church celebrates today the birth of the Blessed Virgin Mary on its traditional fixed date of September 8, nine months after the December 8 celebration of her Immaculate Conception as the child of Saints Joachim and Anne.

The circumstances of the Virgin Mary’s infancy and early life are not directly recorded in the Bible, but other documents and traditions describing the circumstances of her birth are cited by some of the earliest Christian writers from the first centuries of the Church.

These accounts, although not considered authoritative in the same manner as the Bible, outline some of the Church’s traditional beliefs about the birth of Mary.

The “Protoevangelium of James,” which was probably put into its final written form in the early second century, describes Mary’s father Joachim as a wealthy member of one of the Twelve Tribes of Israel. Joachim was deeply grieved, along with his wife Anne, by their childlessness. “*He called to mind Abraham,*” the early Christian writing says, “*that in the last day God gave him a son Isaac.*”

Joachim and Anne began to devote themselves extensively and rigorously to prayer and fasting, initially wondering whether their inability to conceive a child might signify God’s displeasure with them.

As it turned out, however, the couple were to be blessed even more abundantly than Abraham and Sarah, as an angel revealed to Anne when he appeared to her and prophesied that all generations would honour their future child: “*The Lord has heard your prayer, and you shall conceive, and shall bring forth, and your seed shall be spoken of in all the world.*”

After Mary’s birth, according to the Protoevangelium of James, Anne “made a sanctuary” in the infant girl’s room, and “allowed nothing common or unclean” on account of the special holiness of the child. The same writing records that when she was one year old, her father “made a great feast, and invited the priests, and the scribes, and the elders, and all the people of Israel.”

“And Joachim brought the child to the priests,” the account continues, “and they blessed her, saying: ‘O God of our fathers, bless this child, and give her an everlasting name to be named in all generations’ . . . And he brought her to the chief priests, and they blessed her, saying: ‘O God most high, look upon this child, and bless her with the utmost blessing, which shall be for ever.’”

The protoevangelium goes on to describe how Mary’s parents, along with the temple priests, subsequently decided that she would be offered to God as a consecrated Virgin for the rest of her life, and enter a chaste marriage with the carpenter Joseph.

Saint Augustine described the birth of the Blessed Virgin Mary as an event of cosmic and historic significance, and an appropriate prelude to the birth of Jesus Christ. “*She is the flower of the field from whom bloomed the precious lily of the valley,*” he said. The fourth-century bishop, whose theology profoundly shaped the Western Church’s understanding of sin and human nature, affirmed that “*through her birth, the nature inherited from our first parents is changed.*” (*From catholicnewsagency.com*)

The members of the 11:30 AM choir invite you to learn along with us as we introduce **new Mass parts for the 11:30 AM Mass** beginning September 8th. The *Mass of St. Mary Magdalene* is written by contemporary Catholic composer Sarah Hart. You will find Youtube links (including words and notation) to help familiarize you with the new music on the Welcome page of our parish website: saintlouisparish.ca. Join with us as we joyfully worship together! A few sheets with music will be available at the entrance of the church. (Donna McLellan)

Babysitting - we are in need of volunteers to help. The commitment would be once a month. We look after children from 0-6 yrs of age during the 9:30 AM Mass. If you can help with this ministry please contact Kelly Krause at the parish office.

Liturgy of the Word (during 9:30 AM Mass) – we are in need of volunteers. We need both volunteers who would be willing to lead the children in reading the first reading and the Gospel and then having a short discussion regarding what they have heard, and volunteers who might be more comfortable just being the second adult who can help here and there but not lead. I have one volunteer already who will lead but does not have the second adult to be in the room with them. We need two adults for each team. The commitment would be once a month. If you can help with this ministry contact Kelly Krause at the parish office.

Good Shepherd program will start Monday September 23rd from 5:30 - 6:45 PM. Children ages 3-6 are welcome to register. This program is Montessori based. It focuses on the idea that children as young as 3 years old can have a relationship with God. They will learn about Jesus and the beauty and wonder of the Kingdom of God. They will explore the Liturgical seasons and begin to have an understanding that our seasons change. Through materials and age appropriate scriptures, we help to nurture the child and help them to fall in love with God. If you would like to register your child contact Kelly Krause at the parish office.

Confirmation – if you have a child in grade 7 or older and would like to receive this sacrament here at St. Louis parish, classes will begin Wednesday, October 7th from 7 PM - 8:30 PM. Confirmation will take place Sunday, December 1st at the 9:30 AM Mass. To register for this class please contact Kelly Krause at the parish office.

Youth group - Kelly would like to consider starting up a youth group this year. She is in need of an adult volunteer who would be interested helping co-lead. She would be running a variety of activities from games to discussions and maybe a field trip or two. She is looking at possibly at getting together once or twice a month after the 5pm Mass. If you would be interested in helping get this ministry back up and running, please contact Kelly Krause at the parish office.

Painting with Kelly will resume Tue., Sep. 24th from 7 -9 PM. If you would like to sign up for this class, contact Kelly at the parish office.

Bible Timeline Bible study will resume Sep. 15th at 12:30 PM (with light lunch, till 1:40 PM) and Sep. 16th at 7:30 – 9 PM with the topic of Divided Kingdom. (In the Large Hall). New comers always welcome.

Tuesday morning **Book Group** will start again on Sep. 17th (9:30-10:30 AM) with a new book by Fr. Jacques Philippe “*Searching for and Maintaining Peace – A Small Treatise on Peace of Heart*”. We read together and discuss the text. No homework. Come when you can. All welcome. Refreshments provided.

Resurrectionist Vocation Minute - Vocation often begins with an “Ephphatha” moment – when our spiritual eyes and ears are opened, allowing us to perceive God’s call more clearly. This can be the fruit of a process similar to learning a new language, where we slowly begin to understand God’s voice better. Or it might be sudden, like a lightbulb turning on, sparked by a friend’s words or a moment of clarity. Either way, we often ask, “Could God be calling me to something special?” This question is usually the first step in understanding our true vocation. Fr. Pawel Szymanowski CR; resurrectionistvocation@gmail.com

Marian Residence Catholic Retirement Home is located in Cambridge and currently has vacancies. If you are considering moving into a retirement community, consider us. For more information email info@marianresidence.ca or call 519-653-0363.

Ministers of The Word formation - The Diocese of Hamilton provides formation for Ministers of the Word each year as they exercise a very important ministry at Mass. In this workshop, participants receive formation in Liturgy and Ministry, Techniques to Proclaim the Word of God, and an opportunity to practice. It is ideal for both parishioners new to this ministry or considering it and a good refresher for experienced Ministers of the Word. Participants receive a mandate from the Bishop of Hamilton. The cost is \$30 (includes lunch), reimbursed by the parish. Dates: Sat., Sep. 21, Basilica of Our Lady Immaculate, Guelph, 9:30 AM to 3 PM or Sat., Nov.9, St. Catherine of Siena Parish, Hamilton, 9:30 AM to 3 PM. Participants register through the Diocese of Hamilton website under Upcoming Events/Workshops.

Act II (Separated & Divorced Support Group) - 3rd Tuesday of every month - 7:30 PM at St. Michael Parish, Waterloo. Our Act II monthly informal support group will continue to meet on the 3rd Tuesday of every month. With the support of others you can begin to heal the emotional, social and spiritual devastation of divorce. Join us when you can. Visit our website (www.stmichaelw.ca/separated-and-divorced), or contact St. Michael’s Parish office 519-884-9311, or parish@stmichaelw.ca for more information.

Heartache to Healing-Grief Support Group-St. Michael Parish, Wat. Grief support provides companionship on the long journey through the grief process. Our support group follows the process developed by Dr. Bill Webster, an experienced leader in grief counselling. All who have suffered a loss are welcome, regardless of how much time has passed since your loss. Monthly informal drop-in support - available at St. Michael Parish on the 2nd Wednesday of the month at 7PM.

6 week Program - theory and sharing - The program runs Wed. evenings for 6 weeks, from Oct. 16th to Nov. 20th at St. Michael Parish. Register by Oct. 1st. Contact St. Michael’s Parish office 519-884-9311, or parish@stmichaelw.ca.



Mass & Reception for the Carmelite Nuns in St. Agatha

The Committee for the Carmelite Nuns invite you to attend a special Mass celebrated by Most Rev. Wayne Lobsinger at Holy Family Croatian Roman Catholic Church (180 Schweitzer St. Kitchener) on Mon., Oct. 28 at 5 PM, followed by a sit-down dinner in the reception hall. Meal for 2 people is a minimum donation of \$250 (eligible for a full tax receipt) and can be mailed to Carmel of St. Joseph 1127 Carmel-Koch Rd., RR1, St. Agatha, ON N0B 2L0, or ‘Donate Now’ at www.thecarmel.ca. RSVP by Oct 10. Please contact Liz Motz 519-590- 4808 with questions.

Maryhill Historical Society Heritage Day – Sun., Sep. 22. Mass at 11 AM, followed by lunch at the Maryhill Heritage Park Community Centre (58 St. Charles St. E., Maryhill). Lunch hosted by the CWL. Tickets required for lunch \$15. Email: maryhillroots@gmail.com or Diane 519-648-2432, Tom 519-824-4074 / 519-837-6967 or Linda 519-242-9595. After lunch: car cavalcade to the area shrines. Edward Halter House (Historical Society) will be open for visitors.

Retreats At Loyola House - Are you looking to break away and spend some time in silence? Interested in learning something new? See our website at loyolahouse.com (under "Events") for more information on these upcoming retreats:

Sep. 12 - Dining with Ignatius: The Saint's guidance for mindful eating

Sep. 21 - Prayer Bead Pilgrimage

Sep. 23 - Martha & Mary: Action & Contemplation

Sep. 25 - From Field to Feast: One-day Food Retreat

Living with Soul in the Second Half of Life – Oct. 31-Nov. 3 & Jan. 23-26
Register online at loyolahouse.com or registration@ignatiusguelph.ca or 519 824 1250X266.



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